



CANCER CARE MAGAZINE

VOLUME 3



CANCER CARE NETWORK ZIMBABWE

HIGHLIGHTING ZIM
2022 CANCER
EVENTS (UAC)



+263789732373
cancercarenetworkzimbabwe

195 Josiah Tongogara Avenue, Harare, Zimbabwe

TABLE OF CONTENTS:

1. About Us

2. Donations made during the year

(i) CCNZ made a donation to CPCPZ Golf Day and was part of a team (Relaxation with partners is necessary)

(ii) Paint donation from Dulux

(iii) Donation made on Christmas Day. Cancer Care Partnering with KidzCan

3. Events Held this Year

Rhythm to Recovery Drumming sessions (Every month)

(i) Comrades Mukuvisi Event 21 August

(ii) The Run 28 August

(iii) Handover Ceremony - 19 September

(iv) Understanding Ovarian Cancer Prevention, Symptoms, Screening and Treatment 28 September

(v) Breast Cancer Meeting 27 October

(vi) 28 October- Celebration of Hope Breakfast

(viii) Movember Men's Health - 25 NOVEMBER

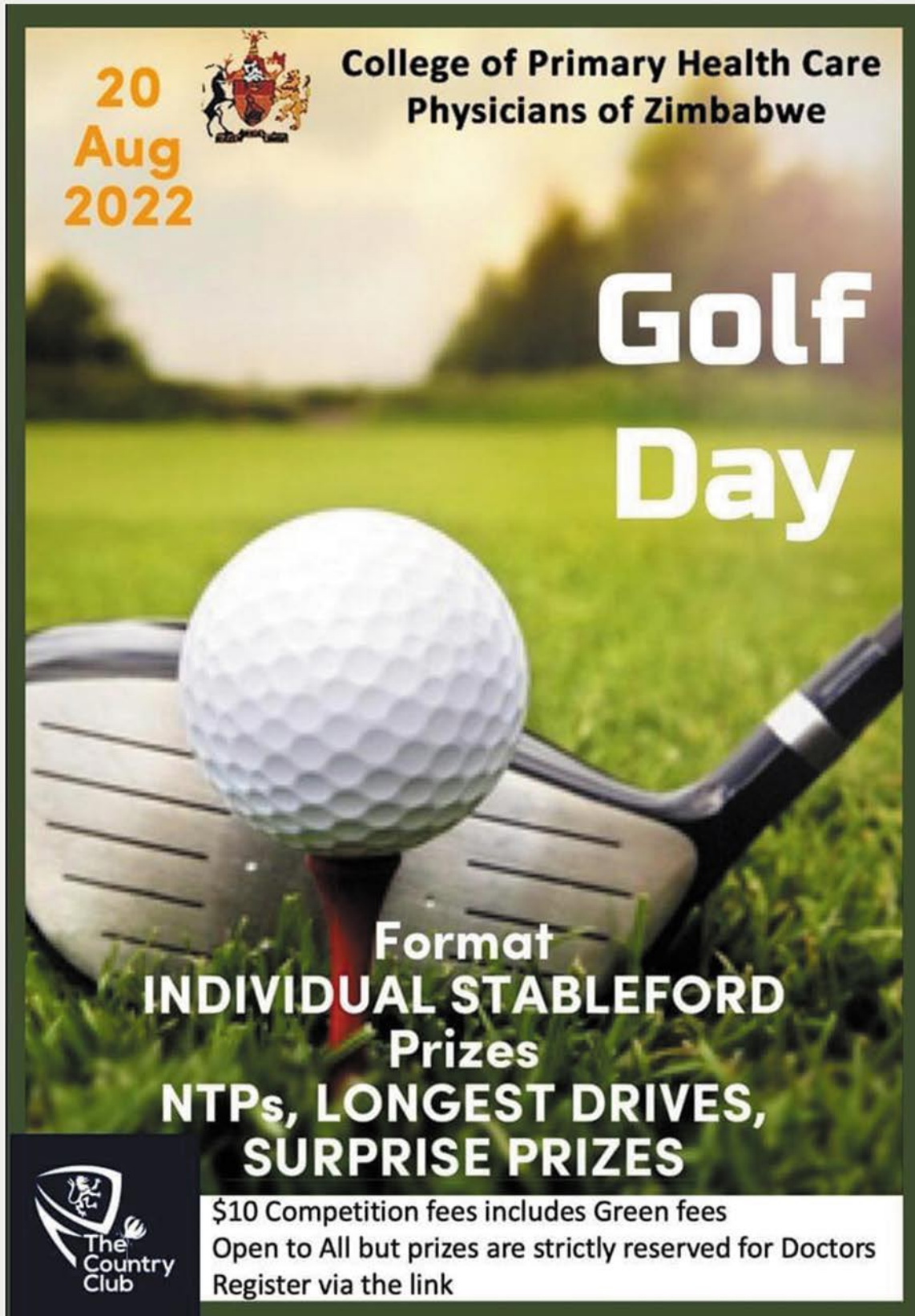
(viii) Prostate Cancer Screening
30 November - 9
December

About The Magazine


The Care magazine is an online magazine that was launched by Care Network Zimbabwe (CCNZ) in 2021. CCNZ Trust is an organization that was established for the purpose of fostering strong networks to provide access to quality cancer for all. The establishment of CCNZ was in response to the rise in the cancer burden in Zimbabwe which has resulted in significant morbidity and mortality to Zimbabweans. A lot of patients are however facing challenges with access to care, all the way from prevention, screening, early detection, treatment, palliative care and end of life care. There is lack of coordination of cancer services and information on cancer and its treatments is scarce with patients often struggling to access care due to lack of information. The care magazine was therefore set up to bridge the information gap and provide the much needed information on cancer, how to prevent and treat it and where to access cancer services from prevention, treatment, psychosocial support and palliative care services.

Donations Made During The Year

(i) CCNZ made a donation to CPCPZ Golf Day and was part of a team.




**20
Aug
2022**



**College of Primary Health Care
Physicians of Zimbabwe**

Golf Day

**Format
INDIVIDUAL STABLEFORD
Prizes
NTPs, LONGEST DRIVES,
SURPRISE PRIZES**

 **The
Country
Club**

**\$10 Competition fees includes Green fees
Open to All but prizes are strictly reserved for Doctors
Register via the link**

Golf Day Picture



Donations Made During The Year

(ii) Paint donation from Dulux



Donations Made During The Year

(iii) Donation made on Christmas Day.
Cancer Care Partnering with KidzCan



Donations Made During The Year

(iv) Donations from Twin Rivers staff initiated by Janine Bouzopolis

(v) Installation of 5000l tank at RTC/

Comrades Doctors Fund Raising



Rhythm to Recovery Drumming sessions (Every month) and at times Bi- Weekly in partnership with The Brave Foundation



ARE YOU A CANCER SURVIVOR?



Cancer Care Network Zimbabwe
invites cancer survivors to a
Rhythm to Recovery Drumming Session

Working towards Stronger Support Groups / Psychosocial Networks





COMRADES MARATHON

VISION , MISSION AND VALUES OF CCNZ

Vision

Fostering strong networks go provide access to quality cancer for all .

Mission

To make cancer prevention, treatment and support services accessible to all through coordinated cancer advocacy and awareness efforts .

Our Values

- Networking
- Compassionate care
- Integrity
- Dignity
- Excellence



CANCER CARE NETWORK EXHIBITION TABLE

Cancer Care Network Zimbabwe was selling branded T shirts , Bandanas and T shirts inorder to raise funds for the cancer patients

They all carried different messages which reads 'Running for cancer' 'Running for a cause' and ' Proud Zim Doctors



DONATION BY TELCO SOLAR COMPANY

They were happy to be part of such an initiative. They donated a solar system towards the cause.

OUTCOMES OF THE EVENT

- Telco Solar Company donated a solar system
- People came in their numbers (both adults and children)
- People purchased caps and t-shirts for the 90km marathon run, in support of the cancer patients
- There was a Zumba session by Zorrotrained



OUTCOMES OF THE EVENT

- Zara auctioned a clothing shopping voucher
- 6 people won hampers from the \$2 raffles
- Brands Africa and CABS were giving T-shirts for free

THINGS THAT WERE AUCTIONED

- A \$ 100 USD worth shopping voucher from Zara Partners
- MIC Diagnostic
- Brands Africa
- CABS
- Gunhill Medical Center
- Getaway Specialised Travel

As of 31 August 2022, the 'Go Fund Me' was on \$ 3, 200.

FEATURED EVENT PICTURES



Cancer Care Network was in durban for the comrades marathon



2  **22**
THE RETURN **SISHAY' IBUYA**



CANCER CARE
NETWORK ZIMBABWE

Cancer Care Network was in cape town for the comrades marathon



HAND OVER OF DONATIONS TO PARIRENYATWA

Donations were as follows:

- 400 isolation gowns from St Wilfred's Medical Center.
- 1 Wheel Chair from Planet Pharmaceutical
- 8 Water dispensers from Access Finance
- Sanitary pads from Brads Africa
- Two tanks a 5000l and a 2400l. The 5000l has been installed at RTC.
- Anti-nausea drugs from the running doctors
- 8 water containers for the dispensers from the running doctors.

- 3 wheel chairs from the running doctors
- USD \$3000 Worth of chemotherapy drugs from the running doctors
- Chemotherapy administration chair from the running doctors
- USD \$2000 cheque from the running doctors in partnership with Cancer Care Network Zimbabwe
- A solar System from Telco Solar Company





**THERE WAS A RAFFLE DRAW CONDUCTED BY THE
FUNDRAISING TEAM.**

Prices that were won in the raffle draw included:

- A trip for two to Victoria Falls courtesy of Getaway Specialised Travel
- A voucher for accommodation at Gwabi River Lodge in Chirundu on Bed and breakfast basis for two
- A photoshoot by Focal Point
- Shopping vouchers
- Grocery hampers.

UNDERSTANDING OVARIAN CANCER PREVENTION, SYMPTOMS SCREENING AND TREATMENT



2 CME Points



Dr. Nomsa Tsikai
Speaker



Sam Nyaude
Host



Dr. Bothwell Guzha
Speaker

Meeting ID:
827 4999 6735
Passcode: 286743



WED 28 SEPT
1 - 2pm
HARARE, PRETORIA

Understanding Ovarian Cancer Prevention, Symptoms Screening and Treatment zoom meeting was held on the 28th of September



Cancer Care
Network Zimbabwe

BREAST CANCER MEETING

There was prostate cancer testing which was partnered with TSL which commenced from the 30th of November to 9 December.

Cancer Care Network Zimbabwe invites you to a scheduled zoom meeting



CANCER CARE
NETWORK ZIMBABWE

THUR 27 OCT
1 - 2pm
HARARE, PRETORIA

Breast CANCER

2 CME Points

Breast cancer

Chest muscles

Rib

Tumor

Milk duct

Fat

Lobules



Mr Sam Nyaude
Host



Dr. Nomsa Tsikai
Speaker



Dr. Maitazvenyu Mvere
Speaker

Meeting ID: 872 3005 0325 | Passcode: 028347

Celebration of Hope Breakfast was held on the 28th of October under the theme "Honoring the Taken Supporting Fighters, Admiring the Survivors and never giving up on hope."



CANCER CARE
NETWORK ZIMBABWE

Celebration OF HOPE *Breakfast*

Honoring the Taken
Supporting the Fighters
Admiring the Survivors
And Never Giving Up Hope

FRIDAY 28TH
OCTOBER 2022

CRESTA LODGE
HARARE

7.30 - 11.00 AM

PRICING:
USD \$200.00
Table of 8

USD \$25.00
Single Ticket

*Gather a group of
friends/colleagues
and make a table*



Poptain



Fusion Fab



**Dr. Tsikai
Moderator**



**Dr. Mvere
Speaker**



**Dr. Rwafa
Speaker**



**Dr. Jeans
Speaker**

Contact Cancer Care Network; Lolly: +263 776 164 891 | Lauryn: +263 783 837 275
Judy: +263 772 271 833 | Cynthia: +263 712 422 778 | Zol Line: +263 8677 103 067



GALLERY



MOVEMBER MENS HEALTH

This Year's Movember Mens Health under the theme #testingsaveslives was held on the 25th of november



CANCER CARE
NETWORK ZIMBABWE

Cancer Care Network Zimbabwe
is inviting you to a scheduled Zoom meeting.

MOVEMBER MENS HEALTH #TESTING SAVES LIVES

TIME: NOV 25, 2022 01:00 PM HARARE, PRETORIA

**FRI
25
NOV**

2 CME POINTS



MR SAM NYAUDE
HOST



DR NOMSA TSIKAI
SPEAKER



DR SHINGIRAI MEKE
SPEAKER

Join Zoom Meeting :

Meeting ID: 818 5952 4572 Passcode: 319713

<https://us06web.zoom.us/j/81859524572?pwd=cDZmWEZQNk5LdUFJVBHqOXcyQ1pMZz09>

PROSTATE CANCER SCREENING

There was prostate cancer testing which was partnered with TSL which commenced from the 30th of November to 9 December.



PROSTATE CANCER SCREENING

at Cancer Care Network Zimbabwe

TESTING IS FROM 2.00PM TO 3.30PM

Wednesday	30 Nov
Friday	2 Dec,
Monday	5 Dec,
Wednesday	7 Dec,
Friday	9 Dec.

\$5.00



Please call to schedule time.

 **+263 78 973 2373**

 **195 Josiah Tongogarara Ave**
Between 8th and 9th - Opposite State House



Thank you for partnering with us in 2022

Happy Holidays

May 2023 be filled with Peace Joy and Happiness

As we enter into 2023, let us remember that testing save lives: Let us continue in the fight against cancer through adopting healthy lifestyles, screening, early detection and treatment.

- | | | |
|------------------------------------|--|-------------------------------------|
| 3KTV | Dulys | Organikks |
| Access Forex | Elle Veas | Paidamoyo Mufunda-Pedigree Events |
| Advocate Ajay Singh & Mrs Singh | FaB Fusion | Paragon Printers |
| Andy Edmondson | Fadzai Homera | Parienyatwa Hospital CEO and Staff |
| AquaCoolers | Farai Mpofu Chisa | Party Karate |
| Ashleigh Ismail | Flatbridge Medical | Pastor Grace Kapswara |
| Askeland Advertising | Focal Point | Pathology Laboratories |
| Audra Wilson-Max | Francesca Karanda | PCD Diagnostics |
| Baines Intercare | Gavas Restaurant | Pedigree Events |
| Bancabc | Gaynor Ullrich | Pick N Pay |
| BCHOD | Generation Health | Planet Pharmaceuticals |
| Belina Software | Genomix Labs | Poonam Patel |
| Bindiya Samji and Friends | Getaway Specialised Tours | Poptain |
| BonVie | Gloryanne Paulser | Premier Tours |
| Brands Africa | Gunhill Medical Village | Print Centre |
| Brave Foundation | Gwabi River Lodge-Mr Weber | PSI |
| Bronwyn Eastwood | Harare Athletics Club | Rachel Russell |
| Busisiwe Moyo | Harare Hash House Harriers | Raha Cookmore |
| CABS | Harare Oncology Centre | Ramesh Kewada |
| Cancer Care Network Support Groups | Hatcliffe Polyclinic | River Range Roses |
| Capitalk FM | Hazel Johnson | Rudo Nyamoto |
| Chad Chahwanda | HE Apparel | Rues Events |
| Charity Makawa | Hemant Patel | Rumbidzai Kanhukamwe |
| Chengeta Lodge | Heritage School | Rythm 2 Recovery |
| Cherise Paulser | Hindu Society | Scripted Stationers |
| Chez Zandi | House of Sandals | Seed-Co |
| Chicken Hut Zimbabwe | Ilsweri Chouhan | Shara Hair |
| Chovha Cycling Club | Innovate Sport & Health | Sharon Gweshe |
| Cimas Healthcare | Irene Zumba | Siena Rose |
| City Council - Mr Tsigu | Island Hospice | Simbisa Brands |
| Colcom | Jackies Hair and Massage Emporium | Simon Hammond |
| Constance Katunga | Jahan Aara Mohamed | Skin Spa |
| CPCPZ | Jean Maswera | Speedline |
| Cresta Lodge | Josef and Yvonne Pinkas | Spice Lounge |
| Cynthia Evans Jhinabhai | Judy Jones | St Wilfred's Medical Centre |
| Daily News | Kates Hiring | Star FM |
| Dalene Weber | Kenlink Pharmacy | Steel Warehouse - Mr Brian Wilson |
| Dandemutande | Kim & Richard Greenwood (Vanilla Moon) | Tabitha Taruwinga |
| Darlington Masenda | Kudakwashe Malunga | Tarie Manamike |
| David Hendrickse | Kutaura Enterprises | Tari's Treats |
| Debi Jeans | Lancet Laboratories | Tatenda Mumvuma |
| Deepa Hargovan | Le Sel Brands | Team Caro |
| Dendairy Zimbabwe | Lily Nut Butter | Telco |
| Dr & Mrs Mhandu | Liquid Intelligent Technologies | The Art of Living |
| Dr Agnes Tereraí | Londoners Sports Bar | The College of Primary Health Care- |
| Dr Allan Chiura | Lush Greens - Felicity | Physicians of Zimbabwe |
| Dr Audrey Chivaura | Maggs Hair and Beauty Salon - Marlene Laurence | The Greek Community |
| Dr Austin Jeans | Mars Ambulance | The Muslim Community |
| Dr Bothwell Guzha | Masawara | The Sunday Mail |
| Dr Debbie Murphree | Matclinic Oncology | Tinotenda Mavoneka |
| Dr Makomborero Dodzo | Maveneka Private Limited | Trade Kings |
| Dr Gratian Gwenero | Medi-Loft | Ulendo Human Capital Consultancy |
| Dr Iris Chagwewera | Media | Unwrapped |
| Dr Jeyacheya | MedOrange Pharmacies | Urocare- Dr S C Meki |
| Dr Kadirange | Michelle Madzudzo | Utano Restuarant and Cafe |
| Dr Kudzi Macheka | MIC Radiology Group | Vanilla Moon |
| Dr Matsikidze | Mike Alexander | Walter Kombucha |
| Dr Menard Machokoto | Mharendra Chouhan | Well Woman Clinic |
| Dr Nomsa Tsikai | Mr Jacha | WOWWWW |
| Dr Gerald Madziyire | MRI & Radiology - Dr Sirdar, Dr Hove & Dr Jakanani | Yanaya Restuarant |
| Dr S C Meki | Mrs Madiha Zahid Alibaba(Late) | Zandile Mubi |
| Dr Maitazvenyu Mvere | Mukuvisi Woodlands | ZIFM |
| Dr Mazhandu | Mutombo Specialty Tea | Zimbabwe Gecko Society |
| Dr Mudavanhu | New Avakash International | Zimbabwe Women Doctors Association |
| Dr Muronda | Newlands Wellness Pharmacy | Zimpact |
| Dr Posen | Nonsikelelo Gwaka | Zimtrade |
| Dr Chido Rwafa | Nourish | Zumba by Zorro |
| Dr Samson Shumbairerwa (Late) | Nyaradzo | |
| Dr Matthew Wazara | Nyasha Mugaru | |
| Dr Ziwenga | Old Mutual | |
| Drummonds Chickens | Optical House | |
| Dulux Paints | | |